

WHAT TO EXPECT WHEN GETTING AN X-RAY



An **x-ray** is a picture of the inside of your body taken by a healthcare professional called a **radiologic technologist**. They are trained to give you high quality care while providing the doctor with information needed to assist you.

When you go in for your x-ray, you may be asked to:

- remove clothing, jewelry or accessories that will interfere with the exam
- wear a special gown
- provide more information about your condition
- disclose chances of pregnancy
- any other questions/requests that can be helpful for your exam

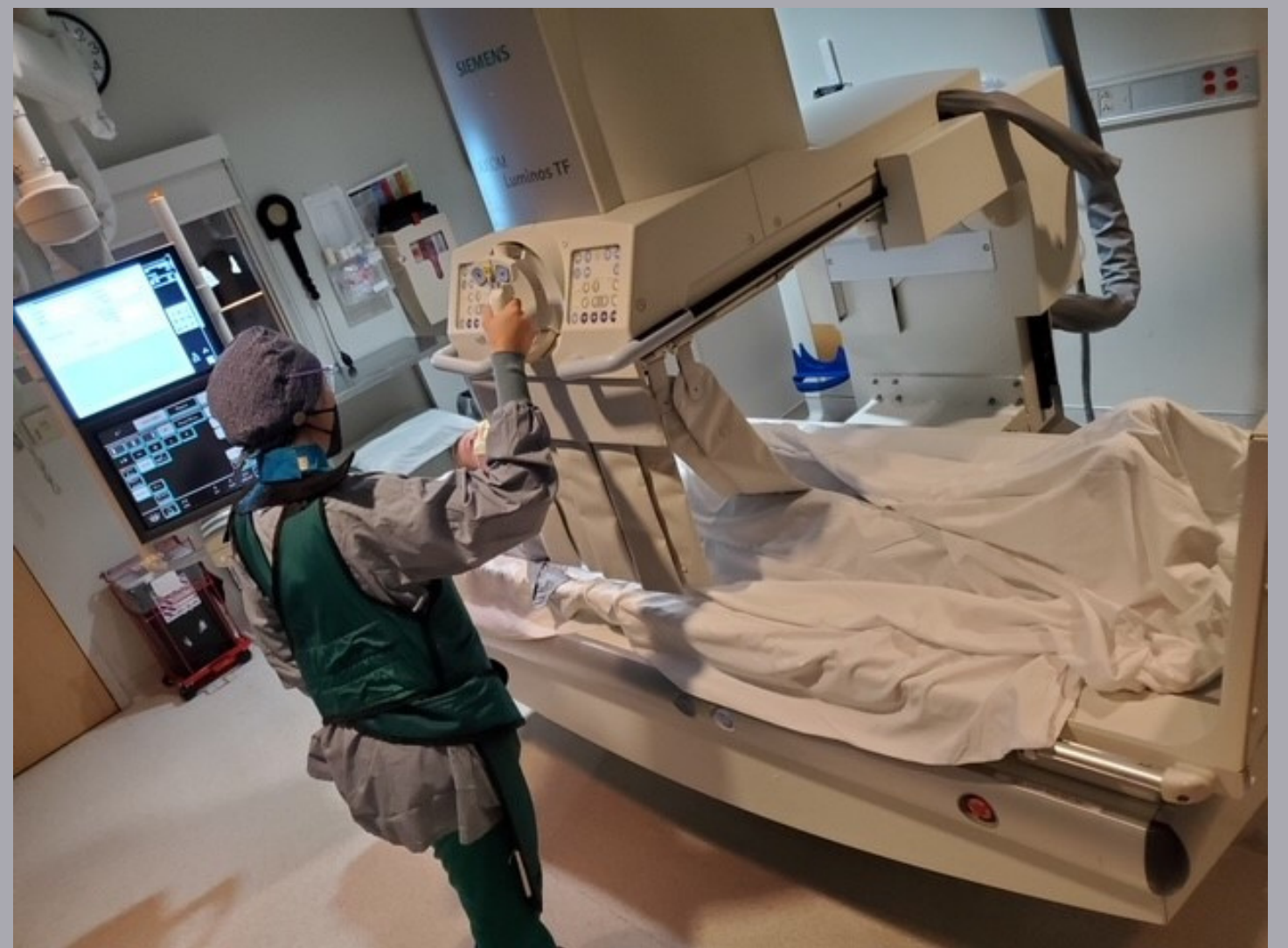
You should not be scared to get an x-ray done. The doctor will use the information to help with your **treatment and healing**. If you do have **questions**, be sure to **ask them at any time**.



TYPES OF X-RAYS



Standing x-rays are often taken of the chest, stomach area, spine, arms or legs. It is important to **hold still** during the x-ray. You may be given special breathing instructions.



Fluoroscopy x-rays take moving pictures of the inside of the body to see how things are working. You may be **laying down or standing** and the machine may look like this



Sometimes if a person's condition does not allow them to come to the x-ray department, x-rays can be taken with a different kind of machine **at their bedside**.

Important things to remember

- **Follow instructions** from your healthcare provider and the technologist
- **Ask** the technologist any **questions** you may have
- **Hold** as **still** as possible when asked to
- **Follow** all **breathing instructions**
- And remember, these x-rays can provide your healthcare provider with **important information about your health!**